



The
**Loss
Art**

Honour your grief.
Reimagine your future.

Do you feel stuck in your grief?

You can grieve *and* live a life with joy, hope and belonging.

Creative Grief Coach Julie Maltby is here to help.

Unique, intimate workshops

- Tap into your innate creativity to honour:
 - The life and death of a beloved person or pet
 - Life transitions like empty nesting, job changes and endings, and retirement
 - Other significant endings
- Join on your own or with a group at a calming lakeside property in Port Dover, Ontario – or Julie can come to you

One-on-one coaching

Legacy projects

*No artistic skills are needed
– just a desire to live more fully and suffer less.*

TheLossArt.com